

**AP Psychology 2017: Chapter 1 – Historical and Modern Day Psychological Perspectives**  
**Pages 13 – 21**

Each of the 10 psychological perspectives answers the following question differently, human behavior is the product of...??? In order to survive in this course you will not only have to know what each perspective is but you will also need to be able to work with them. Educating yourself on each of these perspectives will help you to achieve the goal of becoming a psychological thinker throughout the year.

For this assignment you are to fill in the chart for each of the Perspectives and then explain the behavior in the scenario using each perspective.

	<u>Perspective</u>	<u>Major Considerations/Key Terms</u> (What Factors Influence Behavior)	<u>Key Players</u>
<b>Historical Approaches</b>	<b>Structuralism</b> p 14		
	<b>Functionalism</b> p 16		
<b>Current/Modern Approaches to Psychology</b>	<b>Biological</b> p 19		
	<b>Evolutionary</b> P 20		
	<b>Psychodynamic</b> P 20		
	<b>Behavioral</b> P 21		
	<b>Cognitive</b> P 22		
	<b>Humanistic</b> P 22		

**Application:** Read the following description and using the psychological perspectives to explain Ben Holmes' maladaptive behaviors.

- Your explanation should be formulated in context of the specific psychological perspective.
- Use the specific terminology associated with each perspective within your analysis.

Scenario:

Ben Holmes is a twenty-six year-old, who has been living at his suburban home all his life. He works at a plastics factory during the day, then comes home and plays videogames on the computer all night. He has incurred over \$10,000 in credit card debt buying the latest technology or going out with friends. This means Ben has been late on his car payments, and his car is about to be reposed. He does not keep girlfriends for a long-time, due to his obsession for gaming and his lack of follow through with plans and dates. Ben does not have to pay for rent or food, and now his parents want him to pay for these things or he will have to move out. This "ultimatum" has lead Ben to distrust his parents, so he has installed a video camera on his laptop to monitor when his parents come into his room. He also told his parents that if they force him to leave that he will quit his job and live on the streets. Ben's older sister is a successful attorney, with a husband and two kids. When his parents mention his sister's success and achievements, Ben will put himself down or mention how his parents did not support him while he tried to attend different colleges. He also gained about fifty pounds in the last six months, and refused to work out or stop eating chips, candy-bars, and fast food. When Ben's parents try to mention other alternatives like college, another job, or a therapist; he accuses them of trying to control him and "baby" him.

Theory	How would each approach explain Ben Holmes behavior?
Biological Approach	
Evolutionary Approach	
Psychodynamic Approach	
Behavioral Approach	
Cognitive Approach	
Humanistic Approach	